

# APPENDIX

2010-2011

## *Abbreviations*

<b>A</b>	"A" racer, 20 and older athletes racing in Olympic-eligible events	<b>J0</b>	Junior Olympics
<b>ACC</b>	Alpine Competition Committee	<b>K</b>	Combined
<b>BOD</b>	Board of Directors	<b>Master</b>	adult racer, 21 and older
<b>C</b>	Combined	<b>MID</b>	20 and older athletes racing in Olympic-eligible events
<b>CCCS</b>	Computerized Competitor Classification System (USSA Points List)	<b>P</b>	Parallel Event
<b>DH</b>	Downhill	<b>PSIA</b>	Professional Ski Instructors of America
<b>DNF</b>	Did Not Finish	<b>SG</b>	Super G
<b>DNS</b>	Did Not Start	<b>SL</b>	Slalom
<b>DSQ</b>	Disqualified	<b>TD</b>	Technical Delegate
<b>FIS</b>	Federation International de Ski	<b>USOC</b>	US Olympic Committee
<b>FWM</b>	Far West Masters	<b>USS</b>	US Skiing
<b>FWS</b>	Far West Skiing	<b>USSA</b>	US Ski and Snowboard Association
<b>FWST</b>	Far West Ski Team	<b>USSA/Alp.</b>	USSA's Alpine Competition Services
<b>FWTT</b>	Far West Traveling Team	<b>USSA/PC</b>	USSA's main office in Park City, UT
<b>GP</b>	Grand Prix	<b>USSA/WR</b>	USSA's Western Region office in Park City, UT
<b>GS</b>	Giant Slalom	<b>USSACA</b>	U.S. Ski Coaches Association
<b>J1</b>	Racers aged 17-18-19	<b>UST</b>	U.S. Ski Team
<b>J2</b>	racers aged 15-16	<b>WC</b>	World Cup
<b>J3</b>	racers aged 13-14	<b>WCP</b>	World Cup Points
<b>J4</b>	racers aged 11-12	<b>WR</b>	Western Region
<b>J5</b>	aged 10 and younger	<b>YSL</b>	Youth Ski League

## ***Who to Contact for What***

### **USSA Membership Department**

USSA Membership – [membership@ussa.org](mailto:membership@ussa.org)  
Far West Membership – [membership@ussa.org](mailto:membership@ussa.org)  
Far West Foreign Membership – [lucy@fwskiing.org](mailto:lucy@fwskiing.org)  
USSA Points - [aanderson@ussa.org](mailto:aanderson@ussa.org)  
FIS License (CAN/USA)  
FIS Registration - [membership@ussa.org](mailto:membership@ussa.org)  
FIS Points  
International FIS License

### **Western Region Web Site**

Western Region Rules  
Western Region Automatics  
Western Region Quota  
    Development  
    WR FIS  
    Junior Olympics  
    Out-of-Region FIS  
    National FIS  
    Nor Ams  
    U.S. Championships  
Western Region Forms  
    Medical Release  
    Team Agreement  
    Nomination for Development Quota  
    Competition Projects Coaching Staff

### **USSA Web Site – [ussa.org](http://ussa.org)**

USSA Rules  
Officials Information  
Race Results  
Racer History  
Requests for Single Penalty (USSA & FIS)

### **Todd Kelly – [tk@boothcreek.com](mailto:tk@boothcreek.com)**

Development Nominations

### **Western Region Office**

USSA Schedule Agreements  
Race Packets

### **Lester Keller and Stacey Brown**

Intent to Compete

### **Coordinated through Far West Skiing Office**

FWS Board of Directors (FWBOD)  
FWS Alpine Competition Committee (ACC)  
Far West Ski Team  
Far West Uniforms (FWST and JO's)  
Far West Team Travel – JO's Only  
    Lodging, meals, transportation, wax, radios  
    Distribution of information to athletes/teams  
    Collection of money and accounting for money  
FW Athlete Selections for WR FIS and JO Events  
FW Team Entries for WR FIS and JO Events  
Coaches Selections for FIS and JO Trips  
FW Racers to Out-of-Division USSA Races  
Out-of-Division Racers to USSA/FW Races  
FW Race Schedule and Schedule Changes  
FW Coaches Rosters  
FW Team Rosters  
Far West Head Tax  
Far West Academic Team  
Far West Development Teams  
Far West Special Awards  
Far West Skiing Alpine Competition Manual  
Far West Website

**Contact:** Far West Skiing  
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### **Coordinated through Far West Masters**

Far West Masters Racing  
Far West Masters Membership  
Far West Masters Schedule  
FWM Athlete Development Scholarship

**Contact:** Marcie Pettigrew, FWM Membership  
PO Box 7181  
Mammoth Lakes, Ca 93546  
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or

Mark Mirviss, FWM President  
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**Web Site** <http://farwestmasters.org>

# *Fat West Skiing* *Board of Directors – 2010/2011*

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## **Special Interests**

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## **Secretary**

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***Fat West Skiing***  
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**Coaches/Development Chair**

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## ***Far West Race Organizers – 2010/2011***

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### **Diamond Peak Race Team**

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### **Sierra Summit/China Peak Ski Team**

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### **Bear Valley Snow Sports Ed Found**

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### **Dodge Ridge Winter Sport Area Dodge Ridge Ski Team**

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### **Mt. Shasta Ski Park Mt. Shasta Ski & Snowboard Team**

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### **Squaw Valley USA Race Department**

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### **Badger Pass Ski Area Yosemite Winter Club**

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## *Far West Ski Teams/Clubs/Programs 2010/2011*

### **Alpine Meadows**

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### **Auburn Ski Club Associates**

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### **Bear Valley Ski Education Foundation**

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### **Diamond Peak Race Team**

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### **Dodge Ridge Winters Sports Area Dodge Ridge Ski Team**

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### **Kirkwood Ski Education Foundation**

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### **Mammoth Mountain Ski Team**

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### **Mt. Shasta Ski & Snowboard Team**

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### **Northstar Race Team**

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### **Sierra Nevada College Ski Team**

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### **Team Mountain High**

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### **University of Nevada Winter Sports Club**

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### **Yosemite Ski Team**

c/o Yosemite Winter Club  
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## ***Far West Special Awards 2009-2010***

***Jill Kinmont*** – Outstanding performance from a Mid, male and female  
Erika Horst and Julia Mancuso                      Martin Harris

***Jinny Glass*** – Outstanding performance from a Junior, male and female  
Foreste Peterson    Mark Engel

***Bobby Mehrhof*** – Outstanding performance from a J3, boy and girl  
Diana Abbott    Hughston Norton

***Allan Cup*** – J4 boy and girl who finished the SL/GS/SG at the Far West J4/5 Championships with the best results  
Maia Bickert    Taylor Garcia

***Richmond Cup*** – J5 boy and girl who finished the SL/GS/SG at the Far West J4/5 Championships with the best results  
Keely Cashman    Winston Pretti

***Stanley Walton*** – Outstanding Official  
Lucy Schram

***Bill Mackey*** – Outstanding Ski Resort  
Mammoth Mountain

***Far West Volunteer of the Year*** – Voted by the Far West Board of Directors  
Mike Tidd - Treasurer

***Dave McCoy*** – Outstanding Coach  
Josee Lacasse – Diamond Peak

***Rookie Coach*** – Outstanding Rookie Coach  
Mike Prado – Squaw Valley

***Dave Van Ruiten Memorial Scholarship*** – Special Scholarship named for Former Far West Vice President and Director of Sugar Bowl Race Department who passed away November 2005. Award of \$1,000 scholarship was voted on by the Far West Board of Directors for their endeavor to be a United States Ski Team member.  
Mark Engel 2009-2010 season



## *Far West Race Schedule 2010/2011*

Date	Event	Class	Discipline	Location
<b>Open Races</b>				
December 11-12	Open	Mid - J3	2 SL	Auburn Ski Club
December 18-19	Open	Mid - J3	2 GS	Mammoth
December 31	Open	Mid - J3	1 SL Night	Auburn Ski Club
January 29-30	Open	Mid - J3	2 GS	Northstar At Tahoe
February 21-24	Open	Mid - J3	2 DH	Mammoth
March 11	Open	Mid - J3	1 SL Night	Heavenly
March 12-13	Open	Mid - J3	2 GS	Alpine Meadows

### Qualifying Races

January 16-17	FIS WR Open/FW	Mid-J2	2 SL	Sugar Bowl
February 12-13	FIS WR Open/FW	Mid-J2	2 GS	Mammoth
February 19-20	FIS WR Open/FW	Mid-J2	2 SG	Mammoth

### Wild West Series

January 14-16	Wild West Series	J3	3 SL	Snow Summit
February 4-6	Wild West Series	J3	3 GS	Northstar At Tahoe
February 25-27	Wild West Series	J3	3 SG	Squaw Valley

### J4/5 Races

December 18-19	Open	J4 - J5	Tech Kombi	TBD
January 8-9	North Series	J4 - J5	2 SL	Sugar Bowl
January 8-9	South Series	J4 - J5	2 SL	Snow Summit
January 8-9	Central Series	J4 - J5	2 SL	Bear Valley
January 29-30	North Series	J4 - J5	2 GS	Squaw Valley
January 29-30	South Series	J4 - J5	2 GS	Snow Summit
February 5-6	Central Series	J4 - J5	2 GS	Dodge Ridge
February 12-13	North Series	J4 - J5	1SL 1GS	Mt. Shasta
February 19-20	South Series	J4 - J5	1SL 1GS	Mountain High
February 26-27	Open	J4 - J5	Speed Kombi	TBD
February 26-27	J4 Perf. Camp	J4**		June Mountain
March 5-6	Central Series	J4 - J5	2 SG	China Peak
March 12-13	No./So. Series	J4 - J5	J4 2SG; J5 2GS	Mammoth
March 19-20	Central Series	J4 - J5	2 SL	Badger Pass

### Championship Races

April 1-2	Open - FW Finals	Mid - J3	2 GS	Sugar Bowl
April 3-4	Open - FW Finals	Mid - J3	2 SL	Heavenly
March 31- April 3	J4 J5 Champs	J4 - J5	1SL, 1GS, 1SG	Mammoth
April 19-24	Open - FW Finals	Mid - J3	3SG/3DH	Mammoth

### FW Late Fee

Mid-J3 SL & GS	\$30 per start
Mid-J3 SG & DH	\$38 per start
Downhill Training Fee	\$20 per start

### \$15 Per Race

Far West J4/5 SL & GS	\$22 per start	FIS \$38 per start
Far West J4/5 SG & Kombi	\$25 per start	
J4/5 SG Training Runs	\$12 per start	

*Far West Skiing*  
**Western Region FIS Race Schedule**  
**2010-2011**

Date	Event	Class	Discipline	Location	St
<b>Western Region Elite FIS</b>					
Jan.10-13	FIS WR Elite Tech #1	J1/J2	2 GS/2 SL	Park City/Snowbird	UT
Jan. 27-31	FIS WR Elite Tech #2 <b>J2Q</b>	J1/J2	2 GS/2 SL	Snow King	WY
April 7-12	WR Elite Spring Series	J1/J2	SG/GS/SL/SC	Mission Ridge	WA
April 14-19	WR Elite FIS Speed Series	J1/J2	2 TR/2 DH/2 SG	Mt. Bachelor	WA

<b>Western Region FIS Series</b>					
Dec 10-13	FIS WR Open	J1/J2	2 SL/2 GS	Men only- Snow King	WY
Dec 11-14	FIS WR Open	J1/J2	2 SL/2 GS	Ladies only - Mammoth	CA
Feb 1-7	FIS WR Speed <b>J2Q</b>	J1/J2	2 TR DH/2 DH/2 SG	Big Sky	MT
March 24-27	FIS Sierra Crest Cup	J1/J2	2 GS/2 SL	Squaw Valley/Sugar Bowl	CA
April 8-11	WR FIS Open	J1/J2	2 GS/2 SL	Mt. Hood Meadows	OR

<b>Western Region</b>		<b>Jr Champs</b>		<b>Qualifiers</b>	
Jan. 16-17	FIS WR Open/FW	J1/J2	2 SL	Sugar Bowl	CA
Feb. 12-13	FIS WR Open/FW	J1/J2	2 GS	Mammoth	CA
Feb. 19-20	FIS WR Open/FW	J1/J2	2 SG	Mammoth	CA

<b>Western Region</b>		<b>Jr Champs</b>			
March 8-13	WR JR Champs - FIS	J1/J2	SG/GS/SL	Bogus Basin	ID

<b>Children's (non)</b>		<b>FIS races</b>			
Jan. 21-23	J3 Topolino Shootout	J3	Time Trial SL/GS	Sugar Bowl	CA
March 17-20	J3 Junior Olympics	J3	SL/GS/SG	Squaw Valley, USA	CA

## Far West Ski Team Contract – 2010/2011

I, \_\_\_\_\_, understand that being selected to either the Far West Ski Team (FWST), or the Far West Development Ski Team (FWDST), is a privilege and an honor, and that by accepting a position on either the FWST or the FWDST I am incurring certain responsibilities. My signature on this form indicates that I agree to the following:

- 1) I understand that I am representing the Far West on the divisional, regional, national, and international levels and that this contract is binding at any competition at any level. \_\_\_\_\_ (initial)
- 2) I acknowledge and will abide by the USSA Code of Conduct as well as the FWS policy concerning illegal drugs, alcohol, tobacco, and firearms. \_\_\_\_\_ (initial)
- 3) I will observe ski area rules and safety regulations, and will show courtesy when I am skiing. I acknowledge that I am a role model for all Far West racers and I will conduct myself appropriately. \_\_\_\_\_ (initial)
- 4) I agree to abide by any special procedures/limitations, which may be required by a particular ski area with relation to the Far West Ski Team Pass program. \_\_\_\_\_ (initial)
- 5) In the event I do not abide by the terms and conditions of this contract I will immediately, upon the request of Far West Skiing, return all benefits received including, without limitations, FWST pass, clothing and/or merchandise. In addition, I understand that I may not be eligible for selection to future Far West Ski Teams. \_\_\_\_\_ (initial)
- 6) (For FWST members only) I agree to provide the Far West office with a \$250.00 deposit in order to receive a Far West Ski Team Pass. This deposit will be refunded when the FWST member has participated in four (4) USSA/ Far West races during the 2010/2011 season. \_\_\_\_\_ (initial)

I understand that my participation as a member of the FWST/ FWDST will be reviewed during the 2010/2011 ski season.

\_\_\_\_\_  
FWST/ FWDST member signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature (if under 18)

\_\_\_\_\_  
Date

### *The Golden Rule*

The Far West is fortunate to have in its midst members of the U.S. Disabled Alpine Ski Team (USDST) as well as other disabled athletes, who will likely race in Far West/USSA races.

In order to encourage disabled athlete participation in regularly calendared USSA competitions, the USSA ACC has adopted a special seeding rule applying to disabled competitors participating in regular sanctioned alpine races. The Golden Rule authorizes a special start order for U.S. Disabled Ski Team (USDST) athletes with USSA points equal to or better than 160.00 within the normal USSA seed and draw as follows:

**1st RUN:** Seeding in special groups with start order: 16-20...36-40...56-60...etc. or by USSA points, whichever is more favorable. (Placement within groups by USDST ranking among the disabled athletes entered.)

**2nd RUN:** Seeding in the same special groups or by normal Bib order, whichever is more favorable. (Placement within groups according to first run finish order among the disabled athletes.)

**NOTE:** Entry requirements and eligibility criteria are based on published rules for all licensed competitors. In addition, individual race organizers and the responsible state, divisional and/or regional committee may invite physically impaired athletes to USSA events for which these racers otherwise might not be eligible.

For further confirmation of this rule, refer to the CURRENT *USSA Alpine Competition Guide*.