

# OTHER FAR WEST PROGRAMS

## Far West Ski Coaches

### Far West Traveling Team Coaching Staff

1. For all FIS racing the Far West Office will organize the selections, and payment of entries. All Far West Teams will travel on their own, working together with FW radios when possible. All other travel expenses will be handled by teams. A head coach will be assigned by the J1/2 committee.
2. The WR Junior Champs will follow the same procedure but payments to the FW Office will include athlete coats/memorabilia.
3. The WR J3 Junior Olympics will not change, with the FW office will organize the entire trip and coaching staff. Wax will not be included in the J0 travel package as each team/athlete will take care of their own purchase of wax. Coaches will assist athletes in waxing suggestions during the event. Overlays should be used up from the FW office and in the future a budget of \$500 for overlays should be used per year for the entire FW team with the remainder give back to the FW office after the trip.

### Selection to Far West Traveling Team Coaching Staff

Selection to a J3 FWTT coaching staff is based on the following criteria:

1. All coaches shall be current members of FWS, a USSA Alpine Coach and referee-certified. Referee certification is required in order to be a jury member, jury advisor and/or to be a course setter.
2. Far West coaches wishing to represent FWS at Junior Olympics must notify the FWS office and FWS ACC Coaches Chair in writing a minimum of six (6) weeks prior to the event. Program Directors and Head Coaches may make nominations. Names may be substituted in a timely manner
3. For all J3 FWTT projects Head Coaches for each gender will be assigned no earlier than the FWS Fall Meetings and no later than two (2) months prior to the event.
4. All selected coaches are required to read, sign and abide by the USSA/Western Region/Far West Competition Project Staff Agreement, the FWS Code of Conduct, FWS Waiver and Release of Liability and the J3 FWTT Agreement
5. Qualified coaches from clubs/programs with the higher number of competitors attending the specified event will have priority for selection to that particular event. Selection of a qualified female coach is desirable, subject to availability. All coaches must meet the defined criteria
6. The Selection Committee takes into consideration a coach's education and experience, ability to work with fellow coaches and all competitors and evaluations of past performances
7. The Selection Committee may choose, on occasion, a coach who does not have any competitors on the specific trip, to further insure that all competitors will be treated equally
8. FWS will send adult chaperones, minimum of two (2), to the USSA Junior 3 Olympics. The Age Class Chair will keep the Coaches Chair apprised of selection Boards to aid in selection of the other coaches to the upcoming events.

### Coaching Staff Responsibilities While on a Far West Traveling Team Trip

All Coaches shall:

1. Be responsible to the team as a whole and work with all athletes representing the Far West
2. Uphold and abide by the USSA/FWS Code of Conduct
3. Represent the Far West as an official, course-setter (always as a two person team set) or jury member to the best of his/her ability

### Coaching Staff Responsibility while on FW Traveling Team Trip Contd.

The Head Coaches shall:

1. Contact the Far West Administrator and each other on lodging and pre event planning

2. Submit an information sheet to all participating clubs within fourteen (14) days of the event
3. Request overlays through the FWS office at least two (2) weeks in advance of the trip and account for it at the completion of the trip
4. Contact (possible) alternate(s) if a named athlete is unable to race
5. Carry medical releases and insurance information for all competitors on the trip
6. Represent all Far West athletes at all team captains'/seed meetings or designate other FWTT coach(es) to do so
7. Implement guidelines as established by the FWS ACC/BOD
8. Manage the trip in accordance with divisional policies and procedures
9. Submit the "FWS Out-of-Division Travel Report" to the FWS office within ten (10) days

Assistant Coaches shall:

1. Cooperate with and be responsible to the Head Coach
2. Carry out work assignments to the best of his/her ability in a timely and professional manner
3. Supervise athletes in a manner that promotes top performance

FWTT head coaches and assistant coaches who fail to fulfill these responsibilities are subject to suspension from future Far West Traveling Team participation as well as other possible disciplinary action.

### **Coaches Code of Conduct**

The USSA Code of Conduct, which can be found in the *USSA Alpine Competition Guide*, along with the FWS Code of Conduct, and all FWS policy stated in the *Rules Governing Far West Competitors* section of this manual, shall apply to all Far West coaches at all levels of Far West racing, and when representing FWS as part of an official team or as an individual. Coaches must abide by the USOC coaching ethics code.

### **Coaches' Rosters**

All Far West ski teams/clubs/programs are required to submit a roster of their active working coaches to the FWS office and the FWS ACC Coaches Chair by the FWS Fall Meetings, listed with their USSA member numbers. Only coaches who are USSA and FWS members in good standing and appear on the official Far West roster will be considered for credentials and lift tickets at USSA-sanctioned events in the Far West. Private Coaches must also file a form with the FWS office with all appropriate details. The FWS office will provide race organizers with an updated copy of the coaches' rosters prior to their event(s).

### **Coaches Education**

FWS encourages coaches to maintain current coaching philosophies through continuing education. The division strives to offer informal forums to keep coaches abreast of current techniques and issues. Coaches are encouraged also to participate in the USSCA and PSIA education programs. Each year a number of educational opportunities are available through these national associations.

FWS sponsors coaches' scholarships, available only to Far West coaches. These scholarships are to be used for continuing education such as the USSA National Coaches Academy. To be considered for this scholarship, a written request should be submitted to the FWS office by March 1. The Coaches Chair person in conjunction with the Far West BOD will award these scholarships.

### **Far West Alpine Officials**

Licensing of an alpine official by FIS or USSA is an implied guarantee to sponsoring organizations that an official is qualified, thoughtful and conscientious, and will do a good job for the club or race organizer that uses him or her. Designation as an advanced level alpine official does not indicate a progression through proficiency tests or merit badges, but rather it represents recognition of proven judgment, ability and service. Alpine officials are expected to be active and up-to-date or they could lose their level of certification for inactivity.

The FWS officials program follows the rules of the USSA Alpine Officials program and uses its requirements. For details, consult the *USSA Alpine Competition Guide*.

FWS holds its annual meeting in the fall to update all of its alpine officials and race organizers. All licensed alpine officials should attend these meetings. It is mandatory for Technical Delegates (TD) to attend this annual fall clinic to maintain certification and to receive assignments, a minimum of every two (2) years. Referee's, Jury Advisors (i.e. start and finish refs) are required to attend an update/clinic every two (2) years to maintain certification. Coaches must be a current referee in order to be a jury advisor or a course setter. Race organizers are required to take part in the fall clinic prior to the season in which they host race events; the FWS ACC may re-site a race if the race organizer fails to attend.

FWS will also schedule officials' clinics throughout the season in each of its geographical areas. Dates and locations will be announced through the Far West Website and via email to the clubs/programs/teams of Far West.

The FWS Alpine Officials Chair will make TD assignments for all USSA/Far West races and will inform each race organizer of the appointment well in advance.

## Far West Ski Team

The Far West Ski Team (FWST) recognizes the top racers in the Far West who are good examples for developing racers. The FWST has a maximum size of fifteen (15) based on J1 and J2 gender population from the September 1st membership list received by the Far West office from USSA. The 2009-10 FWST is comprised of eight (8) men and seven (7) women. To be eligible to the FWST, a competitor must:

1. Fulfill all USSA, FWS and FIS membership requirements by September 1 (if age eligible)
2. Have an "F" number
3. Have competed in USSA/Far West and Western Region FIS (if age eligible) races the previous season, as a Far West member.
4. Must be participating in the Western Region Elite Series, or Nor-Am Series, in addition to the current divisional requirements. Compliancy within the Regional or Divisional regulation defines participation with a full time program registered with Far West
5. College athletes who are members of their school's traveling team are not eligible for the FWST
6. Mids must submit an Intent to the Far West office by August 15 to be eligible for the FWST
7. Have less than 90 points in two (2) disciplines, if a male competitor
8. Have less than 100 points in two (2) disciplines, if a female competitor

### Additional Qualifiers for FWST

9. If an athlete is in the overall top 10 at the J2 Nationals.
10. If an athlete is the winner of a discipline or overall champion at the Western Region Junior Championships.

The ACC, using a modified International Team Selection Board method, selects the FWST from the July 2009 USSA points list, the last published list for 2009. Eligible competitors are listed by points in each discipline. Going from left to right and top to bottom on the list, a competitor is selected for the FWST when he/she shows up the second time.

Current U.S. Ski Team members (A, B, C and Development) are not eligible for the Far West Ski Team. The Far West Ski Team must be approved by the Far West Board of Directors.

Any FWST quota spots not filled are available for competitors to ski on to the FWST during the season. A selection board is created, with the FWST members removed, when the January, February and March USSA points list are valid. Any open slots are filled from these selection boards using the same requirements. Men can only fill open men's slots and women can only fill open women's slots.

All FWST members must submit a signed "Far West Ski Team Contract," "Credit Card Authorization" and coach's contact that is registered with a Far West program plus a jpeg photo by the designated deadline to receive the following FWST benefits:

1. Free lifts at all USSA/Far West races
2. Free entries at all USSA/Far West races
3. FWST Pass for free skiing at participating Far West ski areas
4. FWST uniform
5. Entries to the 2010 Western Region FIS Spring Series to be held at Mission Ridge, if all contract requirements have been fulfilled .

Note: The above rules are for the selection of the **2010** Far West Ski Team only. Due to factors outside the control of Far West, such as publication dates for future year's USSA membership and point's lists, the selection procedure is reviewed, revised if necessary, and approved by the Far West ACC in the summer for inclusion in each year's manual.

## **Far West Development Ski Team**

The Far West Development Ski Team (FWDST) recognizes developing junior athletes in the Far West. The 2010 FWDST has a maximum size of ten (10), five (5) men and five (5) women. Selections are based on a continuation of the FWST boards.

Additional qualifier to the FWDST

1. J3 Junior Olympic winners from the previous season are named to the team.

All FWDST members must submit a signed “Far West Ski Team Contract,” and “Credit Card Authorization” and coach’s contact that is registered with a Far West program (see *Appendix* for forms) by the designated deadline to receive the following FWDST benefits:

1. FWDST uniform
2. Reimbursement of eight (8) entries for USSA/Far West races if contract is fulfilled.

Note: The above rules are for the selection of the **2010** Far West Development Team only. Due to factors outside the control of Far West, such as publication dates for future year’s USSA membership and point’s lists, the selection procedure is reviewed, revised if necessary, and approved by the Far West ACC in the summer for inclusion in each year’s manual.

## **Far West Emeritus Ski Team**

The Far West Emeritus Ski Team is composed of recently retired U.S. Ski Team athletes from the Far West. Team members receive complimentary lift tickets and entry fees to all USSA/Far West races to encourage their participation.

## **Far West Honorary Ski Team**

The Far West Honorary Ski Team honors athletes from the Far West who are current members of the U.S. Ski Team.

## **Far West Academic Team**

The Far West Academic Team recognizes current Mid - J3 athletes in the Far West whose grade point average for the previous season’s spring semester was 3.5 or better. The athletes must be registered Mid- J3’s during the spring academic period. Athletes are invited to send a legible copy of the spring report card to the FWS office by September 15, in order to be named to the Far West Academic Team. The Far West Academic Team is announced at the FWS Fall Meetings.

## **Far West Special Awards**

The procedure for selections for the Far West Special Awards (Jinny Glass Award, Jill Kinmont Award, Bill Mackey Award, Stanley Walton Award, Far West Volunteer of the Year Award, Dave McCoy Award and Rookie Coach of the Year) is as follows:

All voting will be done by the ACC. Voting takes place at the final ACC (spring) meeting. All ACC members may vote or give their proxy vote to another member. No others will be allowed to vote. Nominations will be submitted to the ACC Chairman in writing before the spring ACC meeting. At the spring meeting, all votes will be tallied. All Far West Special Awards will be presented/announced at the season’s end.

A list of these awards can be found in the *Appendix*.

## **Far West Masters Development Scholarship**

The Far West Masters raise money annually, which they award to Far West junior racers with talent, an exemplary work ethic and financial need. To insure the money is used for ski racing expenses, the funds are deposited in the FWS Racer Account. Each Far West athlete has a racer account ledger card; the money is credited to each recipient’s “account.”

Far West Master’s Scholarship requirement and application can be downloaded at [www.fwsking.org](http://www.fwsking.org) after July 1 of each year. Master’s Scholarship applications are due by September 15th annually. Scholarships applications are reviewed and awarded by the Far West Master’s program.

