

OTHER FAR WEST PROGRAMS

Far West Ski Coaches

Far West Traveling Team Coaching Staff

1. For all FIS racing the Far West Office will organize the selections, and payment of entries. All Far West Teams will travel on their own, working together with FW radios when possible. All other travel expenses will be handled by teams. A head coach will be assigned by the J1/2 committee.
2. The WR JR Champs - the FW office will organize the trip and coaching staff (excluding travel to and from the event). Wax will not be included in the Jr Champs travel package as each team/athlete will take care of their own purchase of wax. Coaches will assist athletes in waxing suggestions during the event.
3. The WR J3 Junior Olympics - the FW office will organize the entire trip and coaching staff. Wax will not be included in the J3 Jr Championships travel package as each team/athlete will take care of their own purchase of wax. Coaches will assist athletes in waxing suggestions during the event. Overlays should be used up from the FW office and in the future a budget of \$500 for overlays should be used per year for the entire FW team with the remainder given back to the FW office after the trip.

Selection to Far West Traveling Team Coaching Staff

Selection to a FWTT coaching staff is based on the following criteria:

1. All coaches shall be current members of FWS, a USSA Alpine Coach and referee-certified. Referee certification is required in order to be a jury member, jury advisor and/or to be a course setter.
2. Far West coaches wishing to represent FWS at Junior Olympics must notify the FWS office and FWS ACC Coaches Chair in writing a minimum of six (6) weeks prior to the event. Program Directors and Head Coaches may make nominations. Names may be substituted in a timely manner
3. For all FWTT projects Head Coaches for each gender will be assigned no earlier than the FWS Fall Meetings and no later than two (2) months prior to the event.
4. All selected coaches are required to read, sign and abide by the USSA/Western Region/Far West Competition Project Staff Agreement, the FWS Code of Conduct, FWS Waiver and Release of Liability and the J3 FWTT Agreement
5. Qualified coaches from clubs/programs with the higher number of competitors attending the specified event will have priority for selection to that particular event. Selection of a qualified female coach is desirable, subject to availability. All coaches must meet the defined criteria
6. The Selection Committee takes into consideration a coach's education and experience, ability to work with fellow coaches and all competitors and evaluations of past performances
7. The Selection Committee may choose, on occasion, a coach who does not have any competitors on the specific trip, to further insure that all competitors will be treated equally
8. FWS will send adult chaperones, minimum of two (2), to the USSA WR JR Championships and the Junior 3 Championships. The Age Class Chair will keep the Coaches Chair apprised of selection Boards to aid in selection of the other coaches to the upcoming events.

All Coaches shall:

1. Be responsible to the team as a whole and work with all athletes representing the Far West
2. Uphold and abide by the USSA/FWS Code of Conduct
3. Represent the Far West as an official, course-setter (always as a two person team set) or jury member to the best of his/her ability

The Head Coaches shall:

1. Contact the Far West Administrator and each other on lodging and pre event planning
2. Submit an information sheet to all participating clubs within fourteen (14) days of the event
3. Request overlays through the FWS office at least two (2) weeks in advance of the trip and account for it at the completion of the trip
4. Contact (possible) alternate(s) if a named athlete is unable to race
5. Carry medical releases and insurance information for all competitors on the trip
6. Represent all Far West athletes at all team captains'/seed meetings or designate other FWTT coach(es) to do so
7. Implement guidelines as established by the FWS ACC/BOD
8. Manage the trip in accordance with divisional policies and procedures
9. Submit the "FWS Out-of-Division Travel Report" to the FWS office within ten (10) days

Assistant Coaches shall:

1. Cooperate with and be responsible to the Head Coach
2. Carry out work assignments to the best of his/her ability in a timely and professional manner
3. Supervise athletes in a manner that promotes top performance

FWTT head coaches and assistant coaches who fail to fulfill these responsibilities are subject to suspension from future Far West Traveling Team participation as well as other possible disciplinary action.

Coaches Code of Conduct

The USSA Code of Conduct, which can be found in the *USSA Alpine Competition Guide*, along with the FWS Code of Conduct, and all FWS policy stated in the *Rules Governing Far West Competitors* section of this manual, shall apply to all Far West coaches at all levels of Far West racing, and when representing FWS as part of an official team or as an individual. Coaches must abide by the USOC coaching ethics code.

Far West Skiing Recruiting Guidelines

Far West Skiing and member clubs support and aim to foster the highest ethical standards in terms of athlete recruitment. All clubs and individuals representing clubs shall adhere to the following guidelines during any recruiting process.

1. Initial contact should be made through a mass media effort or contact by the prospect. The program contacted should encourage the athlete to notify and communicate their interest with their current home coach.
2. Undue pressure should not be applied to the athlete. Parents should be involved in all aspects of the communication process.
3. Athletes of the recruiting club should not be enlisted to pursue prospects.
4. Marketing communication should be based upon merit rather than negative comparisons.
5. No contact made at any event.

Coaches' Rosters

All Far West ski teams/clubs/programs are required to submit a roster of their active working coaches to the FWS office and the FWS ACC Coaches Chair by the FWS Fall Meetings, listed with their USSA member numbers. Only coaches who are USSA and FWS members in good standing and appear on the official Far West roster will be considered for credentials and lift tickets at USSA-sanctioned events in the Far West. Private Coaches must also file a form with the FWS office with all appropriate details. The FWS office will provide race organizers with an updated copy of the coaches' rosters prior to their event(s).

Coaches Education

FWS encourages coaches to maintain current coaching philosophies through continuing education. The division strives to offer informal forums to keep coaches abreast of current techniques and issues. Coaches are encouraged also to participate in the USSCA and PSIA education programs. Each year a number of educational opportunities are available through these national associations.

FWS sponsors coaches' scholarships, available only to Far West coaches. These scholarships are to be used for continuing education such as the USSA National Coaches Academy. To be considered for this scholarship, a written request should be submitted to the FWS office by March 1. The Coaches Chair person in conjunction with the Far West BOD will award these scholarships.

Far West Alpine Officials

Licensing of an alpine official by FIS or USSA is an implied guarantee to sponsoring organizations that an official is qualified, thoughtful and conscientious, and will do a good job for the club or race organizer that uses him or her. Designation as an advanced level alpine official does not indicate a progression through proficiency tests or merit badges, but rather it represents recognition of proven judgment, ability and service. Alpine officials are expected to be active and up-to-date or they could lose their level of certification for inactivity.

The FWS officials program follows the rules of the USSA Alpine Officials program and uses its requirements. For details, consult the *USSA Alpine Competition Guide*.

FWS holds its annual meeting in the fall to update all of its alpine officials and race organizers. All licensed alpine officials should attend these meetings. It is mandatory for Technical Delegates (TD) to attend this annual fall clinic to maintain certification and to receive assignments, a minimum of every two (2) years. Referee's, Jury Advisors (i.e. start and finish refs) are required to attend an update/clinic every two (2) years to maintain certification. Coaches must be a current referee in order to be a jury advisor or a course setter. Race organizers are required to take part in the fall clinic prior to the season in which they host race events; the FWS ACC may re-site a race if the race organizer fails to attend.

FWS will also schedule officials' clinics throughout the season in each of its geographical areas. Dates and locations will be announced through the Far West Website and via email to the clubs/programs/teams of Far West. .

The FWS Alpine Officials Chair will make TD assignments for all USSA/Far West races and will inform each race organizer of the appointment well in advance.

Far West Ski Team

The Far West Ski Team (FWST) recognizes the top racers in the Far West. The FWST has a maximum size of twelve (12). The 2011-2012 FWST is comprised of seven (7) men and five (5) women. This gender split will be adjusted annually based on MID, J1, and J2 gender population from the last membership list from the prior season received by the Far West office from USSA.

To be eligible to the FWST, a competitor must:

- 1) Fulfill all USSA, FWS, and FIS (if age eligible) membership requirements by September 1.
- 2) Have an "F" number.
- 3) Have competed in USSA/Far West, Western Region FIS races, Nor Am or have attended the J3 Junior Championships in the previous season, as a Far West member.
- 4) College athletes who are members of their school's team are not eligible for the FWST.
- 5) Must be participating with a full time program registered with the Far West.
- 6) Mids must submit an Intent to Compete to the Far West office by September 1st to be eligible for the FWST.
- 7) Have less than 90 points in two (2) disciplines, if a male competitor
- 8) Have less than 100 points in two (2) disciplines, if a female competitor

Additional automatic qualifiers for the FWST

- 9) If an athlete is in the "Alpine Triple" combined scoring top ten (10) at the J2 Nationals.
 - 10) If an athlete is the winner of a discipline title or overall champion at the Western Region Junior Championships.
- Athletes must complete a contract commitment by the response deadline, as prescribed by the Far West office.

The ACC, using a modified International Team Selection Board method, selects the FWST from the July 2011 USSA points list, the last published list for 2011. Eligible competitors are listed by points in each discipline. Going from left to right, and top to bottom on the list, a competitor is selected for the FWST when he/she shows up the second time. Current U.S. Ski Team members (A,B,C, and Development) are not eligible for the Far West Ski Team. The Far West Ski Team must be approved by the Far West Board of Directors.

All FWST members must submit a signed "Far West Ski Team Contract", supply a coach's contact that is registered with a Far West program, and a jpeg photo by the designated deadline in order to receive the following FWST benefits:

- 1) Free lifts at all USSA/ Far West races
- 2) Free entries at all USSA/ Far West races
- 3) FWST uniform
- 4) FWST members will receive a day for day credit for races attended from designated USSA or Far West Divisional FIS races, towards entries to the Western Region FIS Elite Spring Series (up to six (6) additional races).

Note: The above rules are for the selection of the 2012 FWST only. Due to factors outside the control of the Far West, such as publication dates for future year's USSA membership and point's lists, the selection procedure is reviewed, revised if necessary, and approved by the Far West ACC in the summer for inclusion in each year's manual.

Far West Development Ski Team

The Far West Development Ski Team (FWDST) recognizes developing junior athletes in the Far West. The 2011 FWDST has a maximum size of ten (10), five (5) men, and five (5) women. Selections are based upon a continuation of the FWST boards (with MIDS purged).

Additional automatic qualifiers to the

FWDST:1) J3 Junior Olympic discipline or overall winners from the previous season are named to the team.

All FWDST members must submit a signed "Far West Ski Team Contract," supply a coach's contact that is registered with a Far West program by the designated deadline in order to receive the following FWDST benefits:

- 1) FWDST uniform
- 2) Reimbursement of six (6) entries for USSA/Far West races if FWDST member participates in six (6) USSA/Far West races.

Note: The above rules are for the selection of the 2012 Far West Development Ski Team only. Due to factors outside the control of Far West, such as publication dates for future year's USSA membership and point's lists, the selection procedure is reviewed, revised if necessary, and approved by the Far West ACC in the summer for inclusion in each year's manual.

Far West Pace Ski Team

The Far West Pace Team (FWPT) is designed to encourage low points racers to attend Far West/USSA and Far West Divisional FIS races. An athlete may be a member of both the Far West Ski Team and the Far West Pace Team. The FWPT has a maximum size of twelve (12). The 2011-2012 FWPT is comprised of seven (7) men and five (5) women. This gender split will be adjusted annually based on MID, J1, and J2 gender population from the last membership list from the prior season received by the Far West office from USSA.

To be eligible to the FWPT, a competitor must:

- 1) Fulfill all USSA, FWS, and FIS membership requirements by September 15.
- 2) Have an "F" or an "X" number.
- 3) Must be participating with a full time program registered with the Far West.
- 4) Mids and all X competitors must submit an Intent to Compete to the Far West office by September 1st to be eligible for the FWPT.
- 5) Have less than 60 points in two (2) disciplines, if a male competitor
- 6) Have less than 90 points in two (2) disciplines, if a female competitor

Athletes must complete a contract commitment by the response deadline, as prescribed by the Far West office. This contract will include a commitment to race in at least 6 USSA/FW or FW Divisional FIS races. Failure to fulfill this commitment will result in a charge to the athlete's credit card of \$250.00 to compensate FW Skiing for expenses related to the FWPT pass.

The ACC, using a modified International Team Selection Board method, selects the FWPT from the September 2011 USSA points list, the second list published for 2011/2012. Foreign Competitors with an "X" license will be added to this selection only if they have submitted an Intent to Compete to the divisional office by September 1st and have completed their USSA/FW and FIS membership requirements. Eligible competitors are listed by points in each discipline. Going from left to right, and top to bottom on the list, a competitor is selected for the FWPT when he/she shows up the second time. Current U.S. Ski Team members (A,B,C, and Development) are not eligible for the Far West Pace Team. The Far West Pace Team must be approved by the Far West Board of Directors.

All FWPT members must submit a signed "Far West Pace Team Contract", signed "Credit Card Authorization", supply a coach's contact that is registered with a Far West program, and a jpeg photo by the designated deadline in order to receive the following FWPT benefits:

- 1) Free lifts at all USSA/ Far West races
- 2) Free entries at all USSA/ Far West races
- 3) FWPT Pass for free skiing at all participating Far West ski areas
- 4) FWPT members will receive a day for day credit for races attended from designated USSA or Far West Divisional FIS races, towards entries to the Western Region FIS Elite Spring Series (up to six (6) additional races).

Note: The above rules are for the selection of the 2011/2012 FWPT only. Due to factors outside the control of the Far West, such as publication dates for future year's USSA membership and point's lists, the selection procedure is reviewed, revised if necessary, and approved by the Far West ACC in the summer for inclusion in each year's manual.

Far West Emeritus Ski Team

The Far West Emeritus Ski Team is composed of recently retired U.S. Ski Team athletes from the Far West. Team members receive complimentary lift tickets and entry fees to all USSA/Far West races to encourage their participation.

Far West Honorary Ski Team

The Far West Honorary Ski Team honors athletes from the Far West who are current members of the U.S. Ski Team.

Far West Academic Team

The Far West Academic Team recognizes current Mid-J3 athletes in the Far West whose grade point average for the previous season's Spring Semester was 3.5 or better. The athletes must be registered Mid-J3 during the spring academic period. Athletes are invited to send a legible copy of the spring report card to the FWS office by September 15, in order to be named to the Far West Academic Team. The Far West Academic Team is announced at the FWS Fall Meetings.

Far West Special Awards

The procedure for selections for the Far West Special Awards (Jinny Glass Award, Jill Kinmont Award, Bill Mackey Award, Stanley Walton Award, Far West Volunteer of the Year Award, Dave McCoy Award and Rookie Coach of the Year) is as follows:

All voting will be done by the ACC (except for the Far West Volunteer of the Year). Nominations will be solicited via email in the middle of March. Votes will be taken via email/fax the first week of April. All Far West Special Awards will be presented/announced at the awards ceremony during the Spring Speed Week.

A list of these awards can be found in the *Appendix*.

Far West Masters Development Scholarship

The Far West Masters raise money annually, which they award to Far West junior racers with talent, an exemplary work ethic and financial need. To insure the money is used for ski racing expenses, the funds are deposited in the FWS Racer Account. Each Far West athlete has a racer account ledger card; the money is credited to each recipient's "account."

Far West Master's Scholarship requirement and application can be downloaded at www.fwsking.org after July 1 of each year. Master's Scholarship applications are due by September 15th annually. Scholarships applications are reviewed and awarded by the Far West Master's program.